## Uniform Update

HE black wool beret is being phased in as the standard headgear for all soldiers except those in ranger, special forces and airborne units. The beret is worn with class A, class B and utility uniforms.



## **Black beret**

- Edge binding one inch above eyebrows and straight across forehead. Center the flash and the stiffener above the left eye. Pull excess material down between the top and middle of right ear.
- Hair should not extend below the beret's front bottom edge.
- Officers wear their rank centered on the flash. Enlisted soldiers wear their distinctive unit insignia centered on the flash.



- Form-fitting across the head.
- Edge binding straight across.



• Tuck adjusting knot inside edge binding.

Hair may not be packed into the beret.



## **Improved Physical Fitness Uniform**

HE Improved Physical Fitness Uniform consists of black, moisture-wicking trunks; gray moisture-wicking short-sleeved T-shirt; gray moisture-wicking long-sleeved T-shirt; gray and black jacket; and black pants. Soldiers must have two pairs of trunks, two shortsleeved T-shirts, one long-sleeved T-shirt, jacket and pants by Oct. 1, 2003.



nd T-shirt.

The T-shirt will be tucked inside the trunks. Socks must cover the ankle and fall below the knee.

> The black trunks and either a short- or long-sleeved T-shirt will be worn with plain white socks and running shoes.

A black knit cap, black gloves, reflective belts or vests, and long underwear may be worn with the IPFU.



For more information on the wear and appearance of Army uniforms go to

www.odcsper.army.mil/ default.asp?pageid=69f, then go to "Search.".